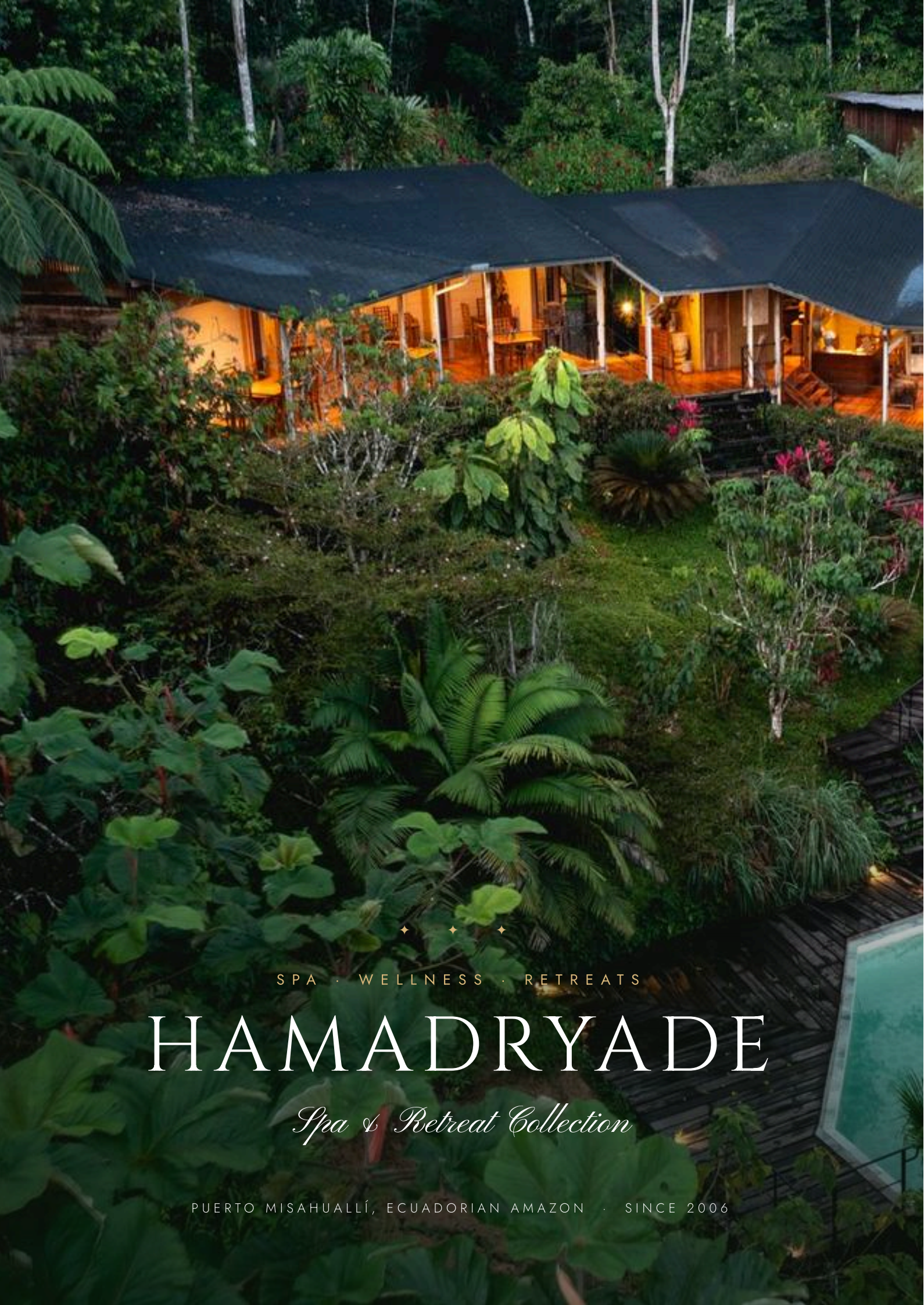


SPA · WELLNESS · RETREATS

HAMADRYADE

Spa & Retreat Collection

PUERTO MISAHUALLÍ, ECUADORIAN AMAZON · SINCE 2006

WELCOME

An Invitation

The Amazon is a place of inspiration, stories and mystery. Lush, remote and enchanting, it invites us to step away from the routine of city life and immerse ourselves in authentic, unspoiled nature — far from our screens and our everyday lives.

Our spa was designed to offer you that restorative pause: disconnect to reconnect. Our carefully selected treatments soothe body and mind, letting you feel the deep essence of this ancient forest and its creatures. Enjoy a treatment, dive into the pool, or practise yoga and meditation in our retreat space, with sweeping views over the jungle...

"The Amazon invites us to see the world with fresh eyes.
We invite you to listen to its call, and to feel good, with it."



GOOD TO KNOW

Spa Etiquette

OPENING HOURS

Monday to Sunday, 9:00 am to 9:00 pm. Some services are available outside these hours on prior request.

BOOKINGS

At the lodge reception, by phone or WhatsApp: +1 980 982 2754 · +593 980 969 518 · 062 999 140

MINIMUM AGE

The wellness area welcomes guests from 5 years of age.

ARRIVAL

Please arrive 10 minutes before your appointment.

YOUR HEALTH

Please let our staff know about any medical condition. Stay well hydrated and avoid alcohol for at least 2 hours before and after your treatment.

PREGNANCY

Many treatments can be adapted to this special time — please ask our team. We advise against any treatment during the first trimester.

WHAT TO WEAR

We recommend the bathrobe from your room. Our therapists are trained in draping techniques; out of respect for our sustainable approach, we do not provide disposable underwear.

VALUABLES

We suggest leaving them in your room safe; if needed, a secure space will be offered in the treatment room.

CANCELLATIONS

Less than 12 hours' notice: 50% of the price.
Less than 2 hours: full price.



The Ritual

TREATMENTS

FACIALS · MASSAGES · COMBOS · WRAPS

RITUALS FOR THE FACE

Facials

Facial Express

Short and effective

—Cleansing gel

—Toner suited to your skin type

—Rice and hydrolysed collagen exfoliation

—Skin revitalisation

—Electroporation

—Mask

—Lifting effect

—Sun protection

30 MIN **$65**

Natura Bio

Organic and natural

—Cleansing foam

—Moisturising gel-cream (aloe vera)

—Skin brightening

—Purifying clay mask

—Vitamin foam

—Facial lymphatic drainage

—Moisturiser

—Sun protection

40 MIN **$75**

Solar Glow

Rejuvenating and revitalising

—Hyaluronic acid + Q10 + collagen cleansing gel

—Hydrating toner

—Extraction and high-frequency treatment

—Three-phase: serum / vitamins / electroporation

—Hydroplasty

—Vitamin foam

—Gel-cream with sun protection

60 MIN **$95**

Ultrasonic spatula option: +$10



THE ART OF TOUCH

Massages

Chiropractic

Back and neck relaxation

—Ideal for releasing muscle tension in the back and neck.

CHIROPRACTIC + RELAXING MASSAGE · 60 MIN	$90
CHIROPRACTIC ONLY · 20 MIN	$60
ADDED TO A MASSAGE · 20 MIN	$50

Hamadryade Balance

Tailor-made massage: gentle or deep

—Gentle postural work

—Pressure points and energy release

—Head massage and gentle abdominal drainage

—Stretching and deep relaxation

—Facial nourishment and devices

75 MIN	$90

Neck, Shoulders & Back

The perfect treatment when time is short

—A massage focused on the area of the body where tension builds up most.

30 MIN	$50



THE ART OF TOUCH

Massages

The Rainforest Touch

Focused on one or two areas of the body

—Tailored to your needs — legs and back

—Releases localised tension

—Massage with natural Amazonian oils

40 MIN **$55**

Hands & Feet Ritual

Deep hydration, delicious aroma

—Hand and foot exfoliation with Amazonian aromas

—Hand and foot wraps

—Pressure points and energy release

—Cacao from our garden

60 MIN **$80**

Bamboo

Bamboo canes to relax and stretch

—Relaxes the muscles and releases tension

—Massage with Amazonian essential oils

40 MIN **$70**



THE ART OF TOUCH

Massages

Deep Tissue + Peeling

Deep massage, cupping and wood therapy

—Massage with cupping and wood therapy

—Back stretches

—Extra-deep massage

—Exfoliation with garden cacao or sea salts

75 MIN **$100**

Amazonian Whisper

Full-body relaxation

—Amazonian aromas and warm herbal compresses (“pindas”)

—Pressure points and energy release

—Relaxation for body and mind

60 MIN **$85**

Four-Hands Massage

Two therapists, one shared goal

—Full-body massage focused on relaxation

—Aromatherapy

—Facial nourishment or warm back wrap

—Relaxing head massage

60 MIN **$135**



THE ART OF TOUCH

Massages

Manual Lymphatic Drainage

Gentle, wave-like movements

—Ideal for heavy, tired legs.

—A feeling of lightness throughout the body.

FULL BODY · 75 MIN	$80
FULL BODY, NO FACE · 60 MIN	$65
FACE ONLY · 30 MIN	$45

Foot Reflexology

Instant well-being from the soles of your feet

—Gentle pressure on the reflex points of the feet

—Deep relaxation for the whole body

30 MIN	$50

Shiatsu

Inspired by Asian traditions

—Rhythmic pressure along the meridians

—Promotes relaxation and overall well-being

60 MIN	$80



COMBINED RITUALS

Combos

Ionic Lightness

A feeling of lightness, head to toe

—Lymphatic drainage massage

—Foot reflexology

—Ionic foot bath

120 MIN **$130**

Jungle Nourishment

Glowing skin and deep relaxation

—Facial nourishment

—Facial lymphatic drainage

—Ear candle ritual

60 MIN **$100**

Natura

Lightness, movement and radiance

—Facial nourishment and lifting

—Hand and foot exfoliation

—Reflex-energy massage and stretching

—Gentle abdominal drainage

90 MIN **$100**





A SESSION FOR TWO

Solar Eclipse

A shared moment, in the heart of the jungle

This massage for two creates a special bond and precious memories: you apply chocolate from our garden to each other, then enjoy a relaxing full-body massage, toning kneading techniques, a cacao wrap, a glass of wine and a chocolate tasting — in a room decorated with flowers.

$190

75 MIN · FOR TWO

THE BODY, WRAPPED IN THE JUNGLE

Body Wraps

Chocotherapy

Comforting, indulgent and energising

—Full-body wrap with cacao grown here

—Rich, comforting aromas

—Hydrated, soft and glowing skin

60 MIN **$95**

Revitalising face mask option: +$10

Vinotherapy

The benefits of wine and grapes for skin and body

—Wrap with wine oil, wine foam and wine salt

—During a relaxing massage

70 MIN **$105**

Revitalising face mask option: +$10

Tropicotherapy

Hydration with exotic tropical fruits

—After a toning massage, a papaya and passion fruit wrap

—Exfoliating, soothing and radiance-boosting

60 MIN **$90**



A SENSORY JOURNEY

Jacuzzi Rituals

Lightness Jacuzzi

A ritual of lightness and deep relaxation

—Full lymphatic drainage

—Cupping

—Gentle abdominal massage with essential oils

—Herbal infusion and aromatherapy

1H **$70**

Luxury Romantic Jacuzzi

An intimate experience for couples seeking relaxation and connection

—Aromatic massage with natural oils

—Gentle exfoliation with soft textures

—Hydration with Bulgarian rose water

—Romantic décor with petals and candles

PER PERSON · 1H **$65**

PER COUPLE · 1H **$130**

Energising Jacuzzi

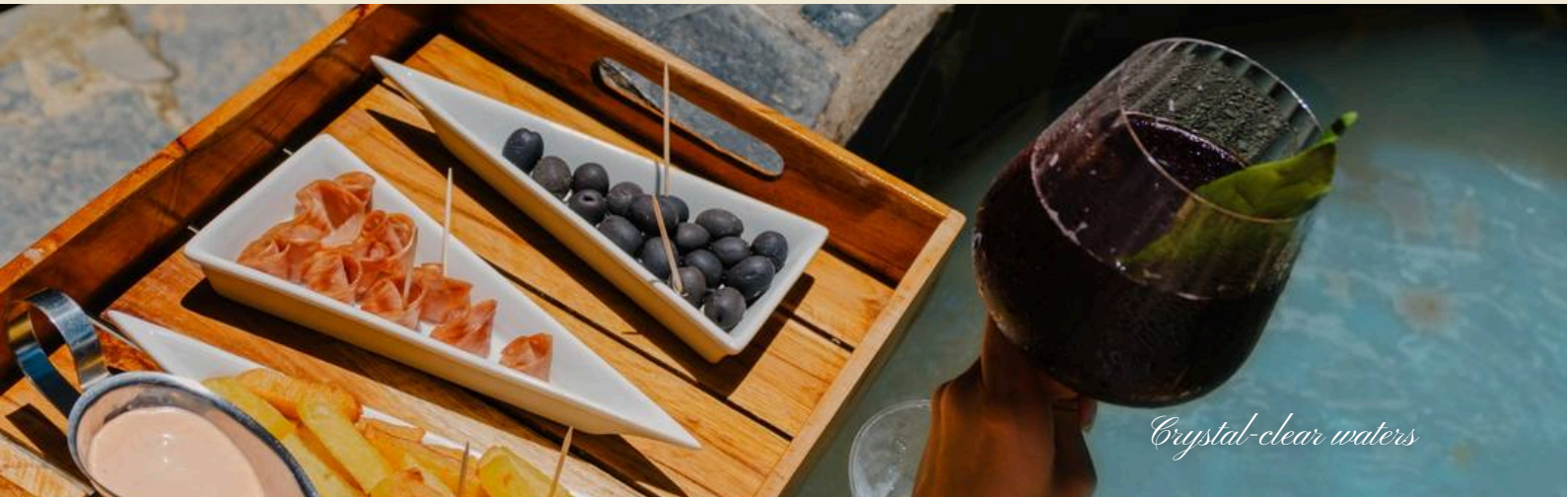
Vitality, muscle activation and physical renewal

—Massage of the back of the body (back, neck, shoulders, legs)

—Cupping

—Wood therapy to release tension

1H **$70**



A SENSORY JOURNEY

Jacuzzi Rituals

Relaxing Jacuzzi

Deep relaxation and sensory renewal

—Full-body massage

—Body exfoliation with natural actives

—A blend of harmonising essential oils

1H **$70**

Express Hands & Feet Jacuzzi

Ideal for a quick wellness break

—Relaxing, revitalising hand and foot massage

—Local aromatherapy

—Hydration with natural balms

30 MIN **$45**

SABAY Herbal Pinda Massage

Special recommendation — add it to your ritual

—A traditional Thai technique combining warmth, aromatic herbs and pressure to relax and soothe.

ADD-ON **+$18**



THE OPTIONS

Must-Haves

Cupping

Inspired by traditional Chinese practice

—Applied to areas of tension in the body

—A feeling of release and lightness

—Ideal alongside your massage

40 MIN **$50**

Ionic Foot Bath

A relaxing moment for your feet

—Feet immersed in a warm, salted water bath

—25 minutes of calm and relaxation

25 MIN **$45**

Ear Candling

Traditional ear candle ritual

—A cone-shaped candle is placed gently on the ear

—Soft warmth and a soothing crackle

30 MIN **$45**

EXTRAS — OPTIONS TO ADD TO YOUR MASSAGE

Cupping	$10	Wood therapy	$10
Pindas	$20	Hot stones	$10
Ultrasound device	$10	Massage oil candles	$16
Acupressure	$20	Cacao or wine wrap	$55

BODY, MIND AND SOUL

Energy Rituals

Yoga

A state of mind: healthy body, healthy mind

—Studio in our retreat space, overlooking the jungle

—Private classes with certified instructors (book 24 h ahead)

—Mats available at reception

70 MIN **$40**

Temazcal

Ancestral steam bath from Central America

—Hot volcanic stones and aromatic plants

—A traditional steam ritual, led by an experienced facilitator

240 MIN · GROUP **$360**

Book 24 h ahead · minimum 4 people

Flower Bath

An ancestral ritual to soothe and revitalise

—Perfect after a long day of exploring, or before a hike

—A feel-good ritual not to be missed

30 MIN **$30**





Seven transformative experiences

THE RETREAT COLLECTION

7 NIGHTS · 8 DAYS · ALL INCLUSIVE · SMALL GROUPS



WOMEN'S RETREAT

House of the Moon

RECONNECT · LET GO · BLOSSOM

"An exclusive space for women who choose to make themselves a priority. Eight days to return home lighter, more connected, more yourself."

INCLUDED

—Yoga, women's circles and ancestral rituals
—Rafting, waterfall, lagoon and art
—Spa, temazcal and wine tasting with a sommelier

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 women



COUPLES' RETREAT

Two Souls

KNOW · REVEAL · UNITE

"Eight days to choose each other again: honesty, shared adventure and intimacy in the heart of the jungle."

INCLUDED

—Communication workshops and love languages
—Waterfalls, canoeing and romantic dinners
—Vow renewal and couples' massages

INVESTMENT

USD 7,000

per couple

7 nights · 8 days · All inclusive
6 couples



MEN'S RETREAT

Fortis

PURIFICATION · COURAGE · REBIRTH

"The path of the conscious warrior. From fear to purpose — from purpose to action."

INCLUDED

—Temazcal, fire walk and night hike
—Men's circles and conscious boxing
—A concrete life plan: purpose and legacy

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 men



LGBTQ+ RETREAT

Rainbow Souls

ADVENTURE · CONNECTION · CELEBRATION

"A safe, inclusive space where diversity isn't tolerated — it's celebrated. Days full of jungle, art and human connection."

INCLUDED

—Waterfalls, Amazonian fishing and canoeing
—Ceramics, natural-dye painting and mask making
—Connection workshops, gala and a party under the stars

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 participants



GOLDEN AGE RETREAT · 65+

The Golden Age

REMEMBER · RENEW · CELEBRATE

"A gentle pace, constant support, and a jungle that reveals itself slowly. Here, life's brightest chapter is celebrated."

INCLUDED

—Tai chi, gentle yoga and canoe outings
—The Book of My Life, and letters to the grandchildren
—Two massages, traditional rituals and wine tasting

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
10 participants



FOREST WISDOM RETREAT

Memorias del Bosque

LEARN · FEEL · GROUND

"An immersion in the botanical wisdom of the Amazon: gardens, ancestral knowledge and wellness rituals, at the rhythm of the forest."

INCLUDED

—Guayusa tea, temazcal and traditional rituals
—Caring support throughout your stay
—Meditation, sound bath and living cuisine

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 participants



DIGITAL DETOX & WELLNESS

Detox

DISCONNECT · BREATHE · RETURN

"Eight days without screens: jungle, silence and deep rest. The pause your body and mind have been asking for."

INCLUDED

—8 days of complete digital disconnection
—Yoga, spa, sound bath and living food
—Nature, journaling and evenings by the fire

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 participants

WHICH ONE IS YOURS?

Write to us about the retreat that calls you — we will send you the full day-by-day programme and the next available dates.

HAMADRYADE
RETREATS

retreats@hamadryade-lodge.com

www.hamadryade-lodge.com

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HAMADRYADE

LODGE · SPA · RETREATS

Puerto Misahuallí · Napo · Ecuador

Since 2006

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